Post Match Reporting 2020-2022 Match Cohort Data

Specialty: Otolaryngology Number of Survey Respondents = 6 2020(33%), 2021(50%), 2022(17%)

Match year	Match cohort	% total cohort
2020	4	2.6%
2021	5	3%
2022	1	0.7%

	Mean	St Dev
Step 1	248.00	7.94

Post Match Survey Responses

Did you review the list of programs to which you applied with a Specialty Advisor?

Yes 0 No 6

Before ranking programs, did you review your rank list with a Specialty Advisor?

Yes 1 No 5

If not a Specialty Advisor, with whom did you review your rank list?

Faculty	3
Family	1
No one	2
Residents/Fellows	2

Other: Please describe

Otomatch Headmirror

Were you advised to do an away rotation by a specialty advisor?

Yes 2 No 2

Who was your most effective career advisor for your specialty? (number of multiple mentions)

Dr Pletcher 2 Dr Limb Dr Russell Dr Ha 3 Dr. Heaton 2 William Ryan

My research mentor (same as Inquiry mentor) and my specialty-specific confidential Career Advisor

If you were to do anything differently in the residency application process, what would that be?

Get started earlier on my apps and away preparations!

Because otolaryngology was so competitive this year (63% match rate), I would have dual-applied. Nothing is a guarantee in otolaryngology and so the application process was extremely nerve-wracking. I would have also taken more time on my personal statement.

Get to know the UCSF ENT department earlier. Start projects in ENT earlier in medical school.

Maybe would have done a second away rotation for the experience of a different institution; would have applied much earlier to away rotations (wish there had been guidance regarding this, I should have been working to get all of the required documentation as early as December of 3rd yr, especially since January/February we are distracted with STEP 1 studying. The VSAS process is very complicated and we don't have any built in methods for help with this)

Please provide any other information that might be helpful to UCSF students who will apply to your specialty choice in the future

The application process is long. Take care of yourself. Value yourself. Prep for your away rotations starting in February i.e. look at what schools you want to attend and what the application for each is and prepare that. Continue to involve yourself with your home institutions program with your clinical experiences research conferences grand Rounds. Get a good feel for what the specialty is going to be like. After submitting apps relax before interviews. Interview season runs late November through early February and the process is constantly being improved so expect changes in your year. Ultimately be confident that you know what you want best for your future and trust your rank list.

Get involved in clinical research projects and get to know the faculty in the department

If you are worried at all about matching, I would recommend seriously considering dual applying. Otolaryngology has become very competitive and you might be happier matching into another specialty than going unmatched. I would also recommend doing as many away rotations as possible (minimum 1). Connections are very important in a field as small as otolaryngology, so networking at outside institutes will be helpful. Lastly, don't be afraid to ask your otolaryngology mentors to advocate for you during the application cycle. I asked my mentor to reach out to programs I really liked and received two interviews after he had contacted them, one of which I ended up matching at. The otolaryngology faculty here are more than happy to help you and their word carries a lot of weight in the otolaryngology world.

Speak with mentors early; get involved with research early

Overall, ENT is an extremely small field and everyone knows each other so make sure you are treating everyone around you with kindness. Try to identify good mentors early in medical school and use these mentors as resources throughout your process. They can help with research opportunities, next steps, advice for where to do aways and advocating on your behalf! This process can suck but UCSF student do well. People kept telling me that and it didn't believe them until post-match so try enjoy the process and roll with the punches!

See Q28. *Comment on this survey: question 5 only goes up to 49. May seem like a lot of programs to apply to for many specialties but not the case for surgical subspecialties/ other competitive specialty choices. I applied to 68 as it was a competitive year and I was couples matching. The average # for my specialty (even without couples matching) is ~65. So to get a more accurate figure you should increase this #!